

DOINGWHATWORKS



SAMPLE MATERIAL

Peace Helper Training Sheet

P.S. 24, New York

Topic: Reducing Behavior Problems

Practice: Teach Skills

Each year about ten students in kindergarten through second grade are chosen, based on their leadership qualities and a brief application, to become Peace Helpers. This handout is then used when their training takes place each year. The training sheet describes and explains what a Peace Helper is and provides simple steps for the Peace Helper to use. The younger students are trained by a mediation specialist with help from experienced peer mediators in third through fifth grade. They are also taught how to promote peace in their classroom and support their peers who are having difficulties.

In each kindergarten, first-, and second-grade classroom at P.S. 24 the “Steps of a Peace Helper” (the last portion of this worksheet) are displayed in the “Peace Corner.” A Peace Corner is a place in the classroom where students who are having trouble can go to calm down, read, think, and perhaps discuss their situation with a mediator or Peace Helper. Teachers can use this example to help students learn the steps to arrive at peaceful resolutions to conflicts.

What is a Peace Helper?

A peace helper is someone who HELPS other people to solve their problems, or gives support to someone who is having a difficult time.

The Rules for a Peace Helper

- Do not take sides.
- Do not boss people around.
- Do not try to solve a problem if the people are so angry that you might get hurt.

The Steps of a Peace Helper

1. Do you want my help?
2. What happened? Paraphrase.
3. How do you feel? Paraphrase.
4. How do you think you can solve this problem?
Paraphrase.
5. Do you both agree on that?
6. Congratulations!